

All Saints Centre Weekly Activities

TechKnow

All Saints Youth Project Monday 4pm

Christian Meditation

Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do

Monday 5.45-8.15pm Toby 07843046221

University of the Third Age Moseley & KH
2nd Tuesday of month 2pm. Enquiries by email to enquiries@mkhdu3a.org.uk"

All Saints Youth Project

Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project

Providing information/ support/ parenting programmes for parents of teenagers

Open 10-5 Mon -Thurs 10-1 Fri 443 1842

Birmingham Careers Service age 16-19

Mondays 1.00 to 4.00 p.m in the Youth Project

Village Square Gardening Club

Wed 9.30am-1.30pm

All Saints Elders Lunch Club

Wednesday 12noon, Liz Turner - 604 6086

Tae Kwan Do

Wed 5.45pm till 7.15pm Toby 07843046221

Clarion Singers

Weds 7.30-9.30pm for everyone. No auditions

TRUST

meets the first Wednesday of the month 6.30pm to 8.30pm Youth Project

Badminton

Wed 8 -10 pm Steve or Zena 01905 772171

Knit & Natter Group

Thursdays 10.30am - 12.30pm in Cafe

Traidcraft

Co-ordinator Gill Parkin 604 6127

Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

Fantastic Fledglings Thursdays (term time only) 12.30-2.30pm Youth Project

TCM (Tea, Cake & Music)

Thursdays 2.30pm in the Cafe

Kung Fu

Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Zumba Gold Class 40+ Fitness suitable for all. £4.50 Friday 10 - 11 am Caroline 07908802794'

Breathe Easy Singing Group

2nd & 4th Friday of each month 11.00 am - 12.00 noon £4.00 per session (1st session free)

Contact Sarah - 07855950393

1st Midland B-P Scout Group

Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm

Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group

Sat 9.30 -12noon Joy 440 1354

All Saints Community Café

is open until 9.30pm on Fridays with live music featuring local musicians.

Football Coaching Sessions ages 4+ Sat10.30-11.30am contact footballfunaticsenquiries@gmail.com or 07507 558 022

Families Anonymous

Meetings are held monthly. For further information contact Families Anonymous on 020 7498 4680 or 0845 1200 660 (lo-call rate)

All Saints Community Development Company

Hiring of Hall, rooms and Village Square contact

bookings@allsaintscentrehk.co.uk phone 0121 443 4579

www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrehk

All Saints Parish Office 0121 444 0760

email:parishoffice@allsaintscentrehk.co.uk

www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842

info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 483 4400

All Saints Café opening times 9.30am-3.30pm Monday - Saturday.

And open on Fridays 6pm-9.30pm Tel no 0121 293 1699

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre

444 2005

Feet First Footcare

Podiatrist 444 0990

All Saints Dental Clinic

444 0496

Dens of Equality supporting

children with special needs

441 2207

CircusMash

www.circusmash.co.uk

0121 439 2530

Wed Holy Communion 11.30 am

Sun 8.00am Holy Communion

10.00am Parish Communion

6.30pm Evening Prayer

1st Sunday of the month

All Age Worship 10.00am

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY

Company No 4499211 Charity Number 1095879

& ALL SAINTS COMMUNITY PROJECTS

Company No 6473845 Charity number 1136158

2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

March 2020
Issue No 115

Three Opportunities for Older People at All Saints Centre Kings Heath



The Robin Centre
A specialist day centre for those with Dementia
Mon- Fri, 9.30 am to 3.30 pm

All Saints Lunch Club
Soup, sandwiches, puddings & good company
Wednesdays at 12 Noon

TCM -Tea, Cake & Music
Every Thursday in the All Saints Café 2.30pm
Sing-a-long at 3.15 - 4 pm



Junk, Jumble Bric a Brac and Books
Saturday March 7th
All Saints Church Hall
10 am until 1 pm
Come and grab a bargain.
Admission free.
Jumble, thousands of books, collectables & quality bric a brac.
One person's junk is someone else's valuable asset

All aimed at stopping social isolation



Events at All Saints Centre

Saturday March 7th

Farmers Market

on the Village Square 9am - 2pm

Junk, Jumble Bric a Brac and Book Sale

All Saints Church Hall
10 am until 1 pm

Saturday March 28th

Wrong Sex Wrong Instrument

March 28th at 2.30 pm
in the Church

Saturday April 11th

Classic Car & Coffee Meet Up

10am until 2pm

Spring Flower Show

12noon - 5pm

Saturday April 25th

Silent Movie Night

7.30 p.m in the Church
Tickets £8

Art Exhibitions

Local Colour

All Saints Community Arts continues to present a selected group show Local Colour of 12 artists , celebrating local artists who have had solo shows in the Welcome Space in the 55 exhibitions we have mounted in the past 7 years . Following a rearrangement in the space , 2 new names will be joining this exhibition from March onwards - Lewis Coley and Linda Winstanley . All enquiries re sales contact : rider.janice@gmail.com or leave a message at the Welcome Desk . The exhibition is open daily from 09.00 - 15.30 & after church services on Sunday.



Harborne High Street
oil on canvas by Paula Gabb



Kings Heath Classic Car and Coffee Meet Up

Three Exciting Meetings will be held on the

Village Square Kings Heath.

Come and view the classic cars or register yours and show it off.

Saturday April 11th

Bank Holiday Monday 25th May

Bank Holiday Monday 31st August



Talks at All Saints Church

Wrong Sex - Wrong Instrument

This is the title of a talk by retired CBSO musician Maggie Cotton from Moseley on March 28th at 2.30 pm in the Church. Maggie became the first female member of the CBSO - she played percussion and had to break through prejudice both to her gender and the fact that she did not play a string instrument. Maggie helped to transform the lives of women in professional classical music. Funny, informative and engaging. Maggie is now retired but broke through the "glass ceiling". Come and be amused and engaged. March 28, 2.30 pm in church



All Saints Café

Friday Music Evenings in March

- 6th **Everyone Live Lounge** Open Mic. This is part of the re-launched Brumside Community Radio. If you would like to go on the playlist message them on [www.facebook.com/ BrumsideRadio/](http://www.facebook.com/BrumsideRadio/)
- 13th **Strings and Things** Local musicians play folk music
- 20th **The Café Band** Our own band play international folk music
- 27th **Tim Martin and friends** play his songs on the theme of climate change