

All Saints Centre Weekly Activities

smAll Saints
Mondays 1.30 -3pm in Church for under 5's

Christian Meditation
Monday 7.45-8.45 Joy Cheek 443 4625

Tae Kwan Do
Monday 5.45-8.15pm Toby 07843046221

University of the Third Age Moseley & KH
2nd Tuesday of month 2pm 449 2470

All Saints Youth Project
Drop-in 3.30-5.30 Tues & Thurs Inclusion+ Wed afternoons & eves. Gateway to Inclusion 6.15-8.15pm Tues & Thurs. 443 1842

The Parent Project
Providing information/ support/ parenting programmes for parents of teenagers
Open 10-5 Mon -Thurs 10-1 Fri 443 1842

Birmingham Careers Service age 16-19
Mondays 1.00 to 4.00 p.m in the Youth Project

Village Square Gardening Club
Wed 9.30am-1.30pm

All Saints Elders Lunch Club
Wednesday 12noon, Liz Turner - 604 6086

Tae Kwon Do
Wed 5.45pm till 7.15pm Toby 07843046221

Short Date Cafe Wed 5.30-7.30pm
A joint venture between the Youth Project and the Cafe selling simple made meals from food that is in danger of being sent to landfill.

Clarion Singers
Weds 7.30-9.30pm for everyone. No auditions

TRUST meets the first Wednesday of the month 6.30pm to 8.30pm Youth Project

Badminton
Wed 8 -10 pm Steve or Zena 01905 772171

Traidcraft
Co-ordinator Gill Parkin 604 6127
Goods are sold in ASC and the Farmers' Market. For times please see the notice in the display cabinet

Knit & Natter Group
Thursdays 10.30am - 12.30pm in Cafe

Fantastic Fledglings Thursdays (term time only) 12.30-2.30pm Youth Project

TCM (Tea, Cake & Music)
Thursdays 3pm in the Cafe

Kung Fu
Thursday in the hall 8.30pm - 9.30pm Stef on 07929 262 777info.playfighter@gmail.com

Zumba Gold Class 40+ Fitness suitable for all.
£4.50 Friday 10 - 11 am Caroline 07908802794'

Breathe Easy Singing Group
1st, 2nd & 4th Friday of each month 11.00 am - 12.00 noon £4.00 per session (1st session free)
Contact Sarah - 07855950393

1st Midland B-P Scout Group
Fri 6.45- 8.30pm Cubs & Beavers 6.45- 10.00pm
Scouts & Seniors John 444 1390

Seventh Day Adventist Church Group
Sat 9.30 -12noon Joy 440 1354

The Café is open until 9.30pm on Fridays with live music featuring local musicians.

Coaching Sessions ages 4+
Sat 10.30-11.30am contact footballfunaticsenquiries@gmail.com or 07507 558 022

All Saints Community Development Company
Hiring of Hall, rooms and Village Square contact
bookings@allsaintscentrehk.co.uk phone 0121 443 4579
www.asckh.co.uk facebook ASCKingsHeath twitter@ascentrehk

All Saints Parish Office 0121 444 0760
email:parishoffice@allsaintscentrehk.co.uk
www.allsaintskingsheath.co.uk

All Saints Youth Project & the Parent Project 0121 443 1842
info@asyp.org.uk www.allsaintsyouthproject.org.uk

The Robin Centre for older people Mon-Fri contact 0121 483 4400

All Saints Café opening times 9.30am-3.30pm Monday - Saturday.
And open on Fridays 6pm-9.30pm Tel no 0121 293 1699

All Saints Centre Services & Weekly Church Services

All Saints Medical Centre 444 2005	Dens of Equality supporting children with special needs 441 2207	Wed Holy Communion 11.30 am
Feet First Footcare Podiatrist 444 0990	CircusMash www.circusmash.co.uk 0121 439 2530	Sun 8.00am Holy Communion 10.00am Parish Communion 6.30pm Evening Prayer 1st Sunday of the month All Age Worship 10.00am
All Saints Dental Clinic 444 0496		

All Saints Outlook

ALL SAINTS CENTRE & PARISH CHURCH



ALL SAINTS COMMUNITY DEVELOPMENT COMPANY
Company No 4499211 Charity Number 1095879
& ALL SAINTS COMMUNITY PROJECTS
Company No 6473845 Charity number 1136158
2, Vicarage Road, Kings Heath, Birmingham, B14 7RA

October 2018
ISSUE 101



Music on Friday evenings in All Saints Café

Every Friday evening the Café welcomes local musicians. Over the course of the last year, we have enjoyed a variety of music, soloists and bands, playing folk, rock n roll, blues and classical. Our first musicians were The Café Band, who still join us from time to time.



Events at All Saints Centre

Farmers Market
Saturday 6th October
on the Village Square
9am - 2pm



Car Boot Sale.
Saturday October 13th
From 9am to 1 pm
Cars only (no vans) £10
Sell your old stuff!!
Tel: 07732137772
Cafe and Church open

All Saints Badminton Club

This popular club is back!

With a proud history going back nearly 70 years. All Saints Badminton club meets every Wednesday in the Church Hall at 8 p.m. We offer a friendly club that predominately play mixed doubles. During the evening we have a tea or coffee break. Its friendly, fun and invigorating. **FIRST NIGHT FREE.** Come and give us a try.

For more information telephone Des on 443 5292 or Zena on 01905 772171

Art Exhibitions

LEARN TO FLY ! : paintings by Gillian Simpson 15 October - 9 December



This exhibition brings together a collection of works inspired by Gillian's connection with the beautiful far west of Cornwall - her sense of place, sense of belonging, sense of being in the elemental and powerful scenery with its rugged coastline, clear seas and atmospheric moorlands. Gillian works mostly in watercolour and inks and seeks to capture the energy, emotion and

personality of her subject. She loves to paint and sketch the seagulls, fascinated by their individuality and inventiveness. Gillian is Midlands based and recently took part in Worcestershire Open Studios. She is excited to be part of this year's Defining Practice programme at Newlyn School of Art. To find out more about Gillian's work you can follow her on Facebook or Instagram /Gilliansimpsonart
Forthcoming Exhibition : Christmas exhibition from young people of All Saints .

10 December 2018 - 7 January 2019

All Saints Centre Kings Heath is open daily from 09.00 - 17.00 hrs Mon - Sat & after church service on Sunday mornings.

Hall Green Art

This is a group of nearly fifty local artists. Our Autumn exhibition and sale is on Saturday 3rd November and our original artwork will be on show from 10am until 4pm with free admission, everyone welcome. Unframed paintings, miniatures and cards will also be on sale. An ideal opportunity to enjoy a wide variety of paintings and buy unique Christmas presents.

We meet twice monthly for demonstrations and practical sessions, details at www.facebook.com/hallgreenart/



All Saints Youth Project

The All Saints Youth Project has been running a weekly intergenerational technology support group for older people. Manned by young volunteers, they use their expertise in all things digital to assist others with their tech challenges.

Tech Know runs every Monday 16:30 – 18:00 at the youth project (the entrance is opposite CircusMash's doors) and is **FREE!** It's very informal and runs like a drop-in; the one-to-one service means it can focus on the needs on the individual:



"After visiting the Apple store in John Lewis with my iPad and its stuck button problem, the staff informed me there was nothing they could do as it is "a sealed unit". I was recommended by friends to visit the Youth Centre Project computer session. Matthew was the Apple expert, I believe, and he immediately googled short-cuts for me and showed me how to change functions on my iPad without using the button!! Miraculous!! Problem solved. They were both very polite and helpful, not at all condescending. I then asked other queries because the iPad comes with no written instructions. They were great! I have recommended them to other "older" friends and will certainly visit them again."

-Another satisfied customer!



It's been a lovely start to the Autumn term at CircusMASH HQ! We have launched a range of brand new classes to join our pre-existing schedule, including 'Cyr Wheel Club' on Fridays for both children and adults, 'AcroFlex' Adult classes on Thursdays, and MUCH more. We also had a ball at the Kings Heath Street Festival, where we provided performances, workshops and circus silliness all day long!

We will always remain a circus family atmosphere, which is integral to who we are in the Kings Heath community. But we are enjoying growing the family we have, and expanding in all sorts of new colourful directions. Have you ever wanted to see what an aerial class might be like? Do you have a keen little one, who needs to burn off some energy? Come and join the MASHfamily

The Youth Project is working with the British Legion to make a giant poppy display on the Village Square. We need strong plastic (minimum 12cm wide) from ice cream tubs/ lids or similar and metal jar lids, approx 6cm diameter. Donations received at the Youth Project.

